



भाकृअनुप - भारतीय जल प्रबंधन संस्थान
ICAR - Indian Institute of Water Management
(भारतीय कृषि अनुसंधान परिषद/ Indian Council of Agricultural Research)
रेलविहार के सामने, चंद्रशेखरपुर, भुवनेश्वर-751023, ओडिशा
Opp. Rail Vihar, Chandrasekharpur, Bhubaneswar-751023, Odisha



Subject: Report of Day: 13 (27.09.2024) on celebration “Swachhata Hi Seva” by ICAR-IIWM, Bhubaneswar - reg

A special ‘Health Awareness and Sensitization Workshop’ was organized for *Safai Mitras*/ sanitation workers and their dependents on 27th September, 2024 by ICAR-IIWM in order orient them to access to various health facilities and services provided by central and state governments at different government as well as private hospitals and insurance companies through various welfare schemes to ensure better quality of life. In his opening remarks, Director of the Institute Dr. Arjamadutta Sarangi said that ‘Health is Wealth’. He added, an employee’s happiness, job productivity and overall wellbeing of his/her family closely depend on his/her good health and fitness. Now-a-days, most critical health issues are often related to unstable lifestyle, unhealthy food habits and sedentary life styles.

Three invited doctors from Employees’ State Insurance (ESI) Hospital, Bhubaneswar, namely, Dr. Femina Sahoo, Senior Physician, Dr. Tanushree Mishra, Senior Oncologist and Dr. S. Smrutikanya, Gynaecologist spoke on various general health issues including preventive steps to remain healthy and need for regular consultation with health experts. They advised the *Safai Mitras* to keep their ESI Health Cards always up-to-date and valid to avail the hassle free health care facilities at ESI Hospital and its empanelled referral hospitals across the country. As per the invited doctors, by paying a meagre amount of around two hundred rupees per month, a *Safai Mitra* and his/her dependant family members can avail health treatment worth lakhs of rupees without any upper cap. At the outset, Dr. H.K. Dash, Principal Scientist & Member, SHS 2024 welcome the guests and participants and at the end, Dr. S.K. Mishra, Principal Scientist & Nodal Officer, SHS 2024 offered vote of thanks. Some of the action and activity photographs of Day-13 (27.9.2024) are presented below.



Staff and family members listening to the invited doctors during the Workshop



Director Dr. Arjamadutta Sarangi giving his opening remarks